

Online Private Retreat to Embody Your Spirituality with Rachel

I will be your insight eye for 3 weeks

My name is Rachel — a psychic astrologer, tarot reader, and holistic naturopath — and I am honored to craft an online retreat experience woven entirely around you. Through the lens of your astrological chart, numerology, tarot, and a complete holistic naturopathy study, I will design rituals, healing exercises to restore calm throughout your entire being.

Week 1

- Session 1: Exploring your astrological and numerological profile.
- Session 2: Exploring your holistic naturopathy profile.
- Session 3: Immersing yourself in your soul's journey through Tarot cards.

Week 2

- Session 1: Synergizing your four bodies—physical, mental, emotional, and spiritual.
- Session 2: Q&A and gaining clarity.
- Session 3: Embodying your insights through concrete, practical exercises, and rituals.

Week 3

- 3 sessions to support and guide you through your transformation process.

"My work is to lift the veil on your invisible self — to transform the unconscious into consciousness. It is through the places that challenge us where we discover our deepest roots."

Reach me via WhatsApp at +(506) 86 08 08 41 or at info.natureroots@gmail.com to schedule a personal video call. I will get to know you, and together you'll prepare for the journey.

With love, Rachel 🌸

